Welcome to Worship on this Third Sunday after Epiphany Contemporary Worship



French River Lutheran Church Duluth, MN

January 21, 2024 ~10:00 a.m. Reverend Greg Garmer ~ Presiding Worship Assistant:

<u>Lectors</u>: Loren Slette

Altar Guild: Sue Baker

<u>Musicians</u>: Organist - David Fiebiger, Riversong Rising * Annual Meeting today after worship. Potluck to follow!

Welcome to all in Jesus' Name!

Please follow the current FRLC Preparedness Plan for COVID-19. Details are located under announcements in this bulletin. LARGE PRINT worship folders are available from an usher. A family restroom and nursery are to the left of the sanctuary; again, follow the Preparedness Plan for use. To contact the pastor or church office, you are invited to complete a pew card and return the information portion either to an usher or by way of the offering plate. Please keep the bookmark and worship with us again! We appreciate electronic devices set on "mute" during the service.

Bold Print signals places where the assembly speaks in unity in worship

* Indicates where to stand as you are able in body or in Spirit.

See Contemporary Worship Booklet for lyrics to songs sung by Riversong Rising.

WELCOME/ANNOUNCEMENTS:

PRELUDE: "Jesus"

~Chris Tomlin Riversong Rising

———GATHERING———

The Holy Spirit gathers us together as people of God

*GREETING:

The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all. **And also with you.**

*GATHERING SONG: "Come As You Are" (Contemporary Worship Booklet Pg. 3)

~David Crowder **Riversong Rising**

<u>Come As You Are</u>-by Ben Glover, David Crowder, Matt Maher

Verse 1

Come out of sadness from wherever you've been

Come broken-hearted let rescue begin

Come find your mercy O sinner come kneel

Earth has no sorrow that Heaven can't heal

Earth has no sorrow that Heaven can't heal

Chorus

(So) Lay down your burdens lay down your shame

All who are broken lift up your face

O wanderer come home

You're not too far

So lay down your hurt lay down your heart

Come as you are

Verse 2

There's hope for the hopeless

And all those who've strayed

Come sit at the table come taste the grace

There's rest for the weary

Rest that endures

Earth has no sorrow that Heaven can't cure

Bridge

Come as you are

Fall in His arms

Come as you are

Verse 3

There's joy for the morning O sinner be still

Earth has no sorrow that Heaven can't heal

Earth has no sorrow that Heaven can't heal

Ending

Come as you are

Come as you are

Come as you are

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CONFESSION & FORGIVENESS:

(All may make the sign of the cross, the sign that is marked at baptism, as the presiding minister begins.)

Blessed be the holy Trinity, + one God, who forgives all our sin, whose mercy endures forever.

Amen.

Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hid: cleanse the thoughts of our hearts by the inspiration of your Holy

Spirit, that we may perfectly love you and worthily magnify your holy name, through Jesus Christ our Lord.

Amen.

Most merciful God,

we confess that we are captive to sin and cannot free ourselves. We have sinned against you in thought, word, and deed, by what we have done and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. For the sake of your Son, Jesus Christ, have mercy on us. Forgive us, renew us, and lead us, so that we may delight in your will and walk in your ways, to the glory of your holy name.

Amen.

God, who is rich in mercy, loved us even when we were dead in sin, and made us alive together with Christ. By grace you have been saved. In the name of + Jesus Christ, your sins are forgiven. Almighty God strengthen you with power through the Holy Spirit, that Christ may live in your hearts through faith. **Amen.**

*PRAYER OF THE DAY:

Almighty God, by grace alone you call us and accept us in your service. Strengthen us by your Spirit, and make us worthy of your call, through Jesus Christ, our Savior and Lord.

Amen.

———WORD——

God speaks to us through scripture, preaching, and song.

A reading from Jonah:

The book of Jonah is a comedy starring a reluctant prophet who is given a one-sentence message: Nineveh will be destroyed in forty days. Much to Jonah's dismay, the people of Nineveh repent. The point of the story is to get the reader to wrestle with the question "On whom should God have mercy?"

FIRST READING: Jonah 3:1-5, 10

Loren Slette

The word of the LORD came to Jonah a second time, saying, "Get up, go to Nineveh, that great city, and proclaim to it the message that I tell you." So Jonah set out and went to Nineveh, according to the word of the LORD. Now Nineveh was an exceedingly large city, a three days' walk across. Jonah began to go into the city, going a day's walk. And he cried out, "Forty days more, and Nineveh shall be overthrown!" And the people of Nineveh believed God; they proclaimed a fast, and everyone, great and small, put on sackcloth.

When God saw what they did, how they turned from their evil ways, God changed his mind about the calamity that he had said he would bring upon them; and he did not do it.

The Word of the Lord. Thanks be to God.

A reading from 1 Corinthians:

Paul does not disapprove of marriage or other human social institutions. He does, however, want Christians to live in the present in fervent anticipation of God's future, which even now has dawned through the death and resurrection of Jesus Christ.

SECOND READING: 1 Corinthians 7:29-31

Brothers and sisters, the appointed time has grown short; from now on, let even those who have wives be as though they had none, and those who mourn as though they were not mourning, and those who rejoice as though they were not rejoicing, and those who buy as though they had no possessions, and those who deal with the world as though they had no dealings with it. For the present form of this world is passing away.

The word of the Lord. Thanks be to God.

*GOSPEL ACCLAMATION: Hallelujah

Riversong Rising

(The assembly stands to welcome the gospel.)

Hallelujah, Hallelujah Hallelujah, Hallelujah Hallelujah, Hallelujah Hallelujah, Hallelujah

*GOSPEL: *Mark 1:14-20*

The Holy Gospel according to *Mark 1:14-20*. **Glory to you, O Lord.**

Before Jesus calls his first disciples, he proclaims a message that becomes known as "the gospel" or good news from God. God is ready to rule our lives. Those who realize this will respond with repentance and faith.

Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

As Jesus passed along the Sea of Galilee, he saw Simon and his brother Andrew casting a net into the sea—for they were fishermen. And Jesus said to them, "Follow me and I will make you fish for people." And immediately they left their nets and followed him. As he went a little farther, he saw James son of Zebedee and his brother John, who were in their boat mending the nets. Immediately he called them; and they left their father Zebedee in the boat with the hired men, and followed him.

The gospel of the Lord. Praise to you, O Christ.

CHILDREN'S SERMON:

Kim Marks

SERMON:

The Reverend Greg Garmer

*SONG OF THE DAY: "Jesus" (Contemporary Worship Booklet Pg. 31)

~Chris Tomlin Riversong Rising

Verse 1

There is a truth older than the ages

There is a promise of things yet to come

There is One born for our salvation

Jesus

There is a light that overwhelms the darkness

There is a kingdom that forever reigns

There is freedom from the chains that bind us

Jesus

Jesus

Chorus 1

Who walks on the waters

Who speaks to the sea

Who stands in the fire beside me

He roars like a lion

He bled as the Lamb

He carries my healing in His hands

Jesus

Verse 2

There is a name I call in times of trouble

There is a song that comforts in the night

There is a voice that calms the storm that rages

He is Jesus Jesus

Bridge

Messiah

My Savior

There is power in Your name

You're my rock and my Redeemer

There is power in Your name

In Your name

Chorus 2

You walk on the waters

You speak to the sea

You stand in the fire beside me

You roar like a lion

You bled as the Lamb

You carry my healing in Your hands

God

Ending

Jesus

There is no one like You

Jesus

There is no one like You

Chris Tomlin, Ed Cash
CCLI Song #7067249
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*APOSTLES' CREED:

I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, God's only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate. was crucified, died, and was buried: he descended to the dead.* On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic church. the communion of saints. the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

<u>**PEACE**</u>: The Peace of the Lord be with you always. **And also with you.** Please share this peace with your neighbors.

PRAYERS OF THE PEOPLE:

Loren Slette

As we celebrate Christ embodied in human form, we pray for God's blessing on the church, the world, and all of creation.

(A brief silence.)

God our rock and deliverance, do not let your church be shaken. We trust you never abandon your promises to the most vulnerable among us. Give your church wisdom and empathy in its varied ministries. God of grace, receive our prayer.

God our hope and refuge, you placed the fish in the sea. Guide our care of oceans and all creatures that live in them. Hold us accountable for actions that endanger water sources and the people who depend on them. God of grace, **receive our prayer.**

God who proclaims judgement and offers mercy, be a model to the leaders of our nation and the world. As they lead, may they follow in your way of justice and truth. God of grace, **receive our prayer**.

God who cares for the suffering, care for survivors of assault and sexual abuse and sustain all who minister to them (as the martyr, Agnes, ministered to victims of sexual abuse). Keep safe any who live under threat of violence, those living in poverty, and any among us who are ill or in pain (especially those on our prayer list and for those we pray for whether silently or aloud). God of grace, receive our prayer.

God of resurrection and new life, as the first disciples shared the good news, empower us and this faith community to be open to your call. When we are uncertain of your call, assure us. We envelop and carry this place of worship as we gather as a community of faith, in hopes of a well watered, grace fed church. Be with our hearts as we make decisions with you at our center. When we have strayed from your ways, redirect us and guide us to hope for the future. God of grace, **receive our prayer.**

God who holds the saints against your tender bosom, we trust you welcome them into your care. Comfort those who grieve, even as we place our hope in your salvation. God of grace,

receive our prayer.

Knowing the Holy Spirit intercedes for us, we offer these prayers and the silent prayers of our hearts in the name of our Savior, Jesus Christ. **Amen.**

*OFFERING PRAYER:

(If you did not place your offering in the plate as you entered the sanctuary, please feel free to hand it to an usher upon dismissal. During the week, offerings may be placed in the secure lockbox by the lower doors [slot is right of the door]. Mail and online giving are also available. Thank you for your generous support of our ministry together!)

Blessed are you, Holy One, for all good things come from you. In bread and cup you open heaven to us. Meet us at this table, that we receive what we seek and follow your Son, Jesus, in whose name we pray. **Amen.**

———MEAL———

God feeds us in goodness and grace with the presence of Jesus Christ.

All are welcome at the Lord's Table to receive the true presence of Jesus in the bread and wine. Communion will be distributed continuously using the form of intinction. After you have received the bread, you may "intinct" (dip) it in the wine or juice. Children not communing may come forward for a blessing. Commune with the pastor if you prefer a gluten-free wafer.

*WORDS OF INSTITUTION & BLESSING:

The Lord be with you. **And also with you.**Lift up your hearts. **We lift them to the Lord.**Let us give thanks to the Lord our God. **It is right to give our thanks and praise.**

*WORDS OF INSTITUTION:

*LORD'S PRAYER:

Gathered into one by the Holy Spirit, let us pray as Jesus taught us.

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

*INVITATION TO COMMUNION:

At Jesus' table, heaven and earth are joined as one. Come and see.

*COMMUNION SONG: "Impact"
(Contemporary Worship Booklet Pg. 33)

~Chris Tomlin Riversong Rising

Verse 1

Humbly I wait here in Your presence

Oh how I need You

Quiet my soul I long for Your whisper

Oh how I need You

Jesus Jesus

Chorus

As I worship in surrender

I feel Heaven drawing closer

As I lay down my defenses

Your love invades and I brace for the impact

Verse 2

I am undone lost in Your glory

Oh how I love You

Covered in grace found in Your mercy

Oh how I love You

Bridge

Love like a mighty river

Like a rushing wind

Sweeps through me

Right through me

Love like a thousand oceans

Like a symphony

Sweeps through me

Right through me

Chris Tomlin, Mitch Wong, Tommy Iceland
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————SENDING———

God blesses us and equips us as disciples sent into the world

*BLESSING:

God who names you, Christ who claims you, and the Holy Spirit who dwells in you, 中 bless you and remain with you always.

Amen.

*<u>SENDING SONG</u>: "Your Grace Is Enough" (Contemporary Worship Booklet Pg. 34)

~Chris Tomlin Riversong Rising

Verse 1

Great is Your faithfulness O God

You wrestle with the sinner's restless heart

You lead us by still waters into mercy

And nothing can keep us apart

Pre-Chorus

(So) remember Your people

Remember Your children

Remember Your promise O God

Chorus 1

Your grace is enough

Your grace is enough

Your grace is enough for me

Verse 2

Great is Your love and justice God of Jacob

You use the weak to lead the strong

You lead us in the song of Your salvation

And all Your people sing along

Chorus 2

Yeah Your grace is enough

Heaven reaches out to us

Your grace is enough for me

God I sing Your grace is enough

I'm covered in Your love

Your grace is enough for me for me

Matt Maher CCLI Song #4477026 © 2003 Thankyou Music; spiritandsong.com

*SENDING:

Go in peace. You are God's beloved.

Thanks be to God.

(For those in pews, please remain seated until invited by an usher to depart.)

POSTLUDE: "Your Grace Is Enough"

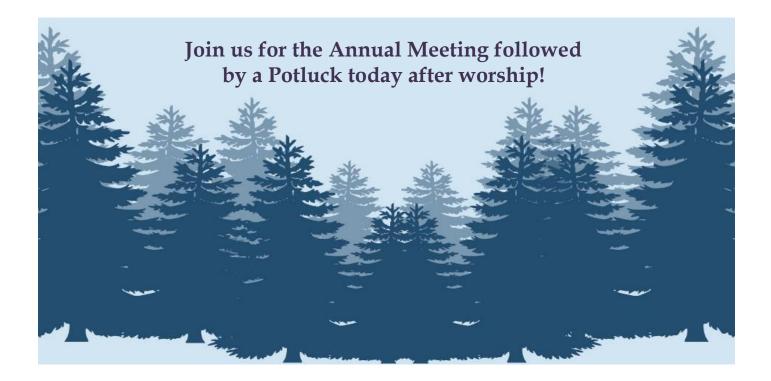
~Chris Tomlin Riversong Rising

Thank you for joining us wherever you are. Remember, you are beloved and blessed!

Remember, you are beloved and blessed!

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ANNOUNCEMENTS

†Extending sympathy to the family & friends of Marge Laiti, mother/mother-in-law of Mark & Sheila Laiti, who passed away on January 15th. A service will be held on Saturday, February 10 at 11AM, visitation prior at 10AM, at the United Church in Two Harbors.

Covid-19 Preparedness

In the care and consideration of others, the wearing of masks is optional for worship. However, if you or a family member are experiencing any fever, cough, stomach issues, or are recovering from an illness or other ailments within 48 hours before gathering in worship, we strongly advise the wearing of a mask while in worship.

A simple mask in these moments and places helps us protect loved ones, especially the weak and elderly, front-line medical personnel and their families, our faith community and larger communities.

Thank you for this kindness.

Your 2024 offering envelopes can be picked up near the usher's stand. **Your 2023 Giving Statement** can be picked up from the back of the church. If you didn't get a box of envelopes and want one or if you have any questions, please contact Kay Libby, Financial Secretary, at 218-390-3281.



Coming Up:

1/21 Sun: 10a – 3rd Sunday after Epiphany/Contemporary

Worship In-Person/Online: Rev. Greg Garmer

10:45a - Sunday School

11:00a - FRLC Annual Meeting

Potluck to follow Annual Meeting!

1/22 Mon: 6p – Adult Bible Study

1/23 Tues: 9a – Bulletin Deadline; 7p – AA

1/24 Wed: **9a – Parables Assembly;** 7p – Choir

1/25 Thurs: 9a – Outreach; 11a – Hospitality

1/28 Next Sun: 10a – 4th Sunday after Epiphany/

Youth in Worship In-Person/Online: Rev. Kris Garey

10:45a - Sunday School

11a - Annual Meeting of the FRLC Good Samaritans

11:15a – Coffee Fellowship

The annual meeting of the FRLC Good Samaritans will immediately follow the worship service on Jan. 28th in the lakeside alcove off the sanctuary. All Good Samaritan members are urged to Attend.





Epiphany is here, and Adult Bible Study invites you to explore the texts on Mondays at 6:00 p.m. in the Fireside Room. The text for tomorrow is John 1:43-51 with the topic being "An Attitude of Discipleship: Inviting". How do we personally invite and encourage others to follow Christ and then act!

Ever wonder why there are wicker baskets in the narthex? The baskets are for receiving non-perishable food for CHUM (Churches United in Ministry) and for where needed most, gently used or new clothes and personal hygiene items. Specifically for CHUM, we collect Ramen Chicken Noodle Soup. Our goal is to bring 100 packages/month; lately, we've fallen short and haven't met that goal. Thank you for helping to remedy this situation and remember to check expiration dates before placing edible items in the baskets. Thanks!

100-year Anniversary Challenge for us as a church, to seek to continue our generosity with the world around us, especially those who are without aid, help, or are lost. As we celebrate our church marking a century of service, worship, and care for the people and community around us, we have a way to give back to our community and larger world. We know that there are so many that go without, who need help, and just a little bit could go a long way.

Our Challenge is to give 100 In-Need Organizations -\$100 donations in Celebration of our Century Old Ministry. Yep. You are doing that math, and it equates to a big number. But think about how many times we



head to the grocery store, home goods stores, hockey games, or concerts; A \$100 easily is spent. That money being able to help others in a bigger way, even if it is just a little bit of a nudge, we are sparking something bigger for some people's lives.

These donations can be given to local, global, and beyond—just wherever your generous heart would like to give.

If you are interested in donating, please contact Barb Jackson, who has a list of ideas or you can submit your own. Checks may be written to French River Lutheran Church, with the organization you want to support in the memo line. Your donation will be sent forth to those organizations through the church's benevolence and missional giving.

Let us meet this challenge before our Big Church Celebration in September. + Pastor Kim Sturtz

SILENT AUCTION ON FEBRUARY 10 DONATIONS WANTED!

Gift baskets * Antiques * Stained glass
Computer repair * Pet watching * Gift cards
Cabin stay * Babysitting * Homemade candy
Canned/baked goods * Fishing trip
Game dinner * Hockey tickets * Quilts
Sewn items * Wood crafts * Craft items

WHAT DO YOU MAKE? WHO DO YOU KNOW? LET US KNOW WHAT YOU CAN DONATE!!

Some of the things you'll see there:
Family portrait – Minnesota quilt
Wooden side table – Cookie of the month
Staghorn cactus – Game Day basket
New Scenic gift basket – Tackle box

FRLC Centennial Celebration!

We now have co-chairs, Kate Edblom & Barb Jackson, to plan the FRLC Centennial fundraisers to raise money for expenses of the celebration in September of 2024.

There will be an organizational meeting soon. Please leave your name & number with Barb, Kate, or the office if you are interested in helping!



Authentic Scandinavian Smörgåsbord Silent Auction

The proceeds will be used to fund our Centennial Anniversary Celebration.



SATURDAY
FEBRUARY 10TH
5 – 6:30 PM



Advance tickets are \$20; age 0-12 years, \$10. tickets at the door will be \$25.

Silent Auction

- Quilt made by Sandy Dahlberg
- Family Portrait by Eric Sturtz
- Many more...



Welcome to French River Lutheran Church

You are welcome to keep this bulletin, however, we recycle when possible so you may leave it on the ushers' stand.



<u>Immediate</u>: Family & friends of Marge Laiti; Family & friends of Betty Nordling who passed on Jan. 6; Carol Pearson; Bonnie Smrstick; prayers for peace and comfort both as she travels to be with Dennis as he is nearing the end of his journey.; Deb Sodomka (cousin of Bill & Susie Lannon).

<u>Long-Term</u>: Phil Strom, for Parkinsons; Julie Moe-Hommerding; 5-year-old great niece of Susie Lannon (heart surgery 6/26/17, still not healthy); Kathy Johnson (Carol Leppala's friend); Bruce Sundberg; Angela Debelak, (niece of Gail Johnson) is currently in remission from for her brain cancer and recovering slowly; please continue to pray for no recurrence.; Alex Peterson – military service; David Peterson (brother of Paul Peterson); Todd Sironen.

WHEN SUBMITTING A NAME TO THE TELEPHONE PRAYER CHAIN, PLEASE INDICATE IF IT IS PERMISSABLE TO LIST IN THE BULLETIN.

Called by the Spirit	January 21	January 28		
Worship Leader	Rev. Greg Garmer	Rev. Kris Garey		
Lector	Loren Slette	FRLC Youth		
Altar Guild	Sue Baker	Sue Baker		
Ushers	Wayne & Peggy D.	Jon & Beth Luikart		
Counters/Worship	Loren Slette/	Sue Baker/		
Assistant*	T.B.D.	Dave Edblom*		
Coffee Fellowship	Potluck	Team Jerusalem		
Prayer Chain	Babs Strom 218.525.6200			

French River Lutheran Church, 5310 Ryan Rd, Duluth, MN 55804

Church: (218)525-5659; frlc5310@gmail.com Pr. Kim Sturtz: (218)393-7444; frlcpastorsturtz@gmail.com

Office hours vary so please call ahead.

FRLC webpage: www.frenchriverlutheran.org.

FRLC Mission: "To live and love as God commands, accept His grace, and share the Good News."

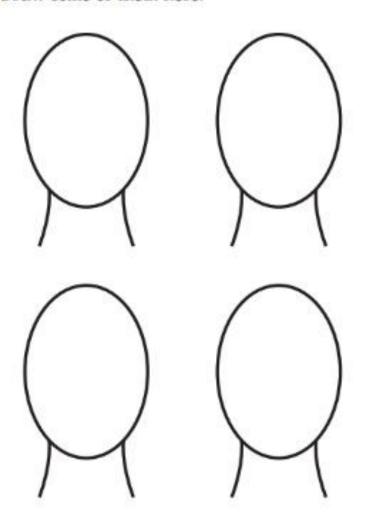
Watch services at FRLC anytime! **YouTube live streaming of the service** at https://www.youtube.com/c/FrenchRiverLutheranChurch

This link is also found on our church homepage and Facebook group. If you are unable to watch it live, you can view it any time after the service by following the same link.

🕇 We're glad you worshiped with us today. Thanks be to God! 🕇

Today, you heard about the disciples. They were Jesus' followers. Look around you during worship, You'll see many more of Jesus' followers.

Draw some of them here:







- Today is the 3rd Sunday in the season of Epiphany.
- During Epiphany, we remember Jesus' ministry.
- Jesus called disciples.
- We are all Jesus' disciples.

Some of Jesus' disciples were fishermen. Circle the fish that tells us what week of Epiphany it is. Color the rest of the fish in different colors.





"Let's catch people instead of fish."



The color green reminds us that Jesus helps us grow.

Help the disciple get through the maze by coloring the pointy leaves green.



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Called Forward

Your postor does many things during worship! A lot of other people are part of worship, too. Write or draw what different people besides your pastor do during the service.

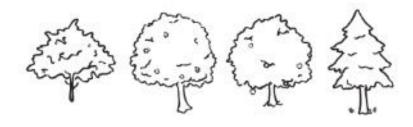


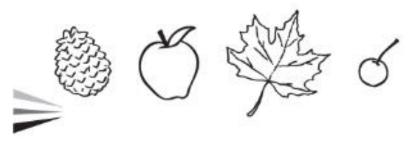


- Today is the 3rd Sunday of Epiphany.
- During Epiphany, we remember Jesus and the disciples sharing the good news.
- · The color of Epiphany is green.
- . Green reminds us of how we grow with Jesus' help.

From the Tree

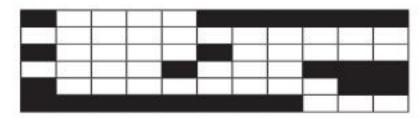
During Epiphany, we celebrate our growth in Jesus. Can you connect each tree in the top row with something it's connected to in the bottom row?





Broken Nets

The fishermen Jesus called caught so many fish that their nets broke! The letters are in the correct column, but all mixed up! Can you put them in the right order to find out what the fishermen did when Jesus called them? (Hint; See John 1:18.)



N:	W	M	5	1	Α	W	E	E	L	Y
1	T	E	F	Y	0	T	D	E	1	R
	E	0	L	L	1	N	H	Н	1	M
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-	L									



Spaik: Activate foith Butefin copyright © 2011 Sporthouse. All rights reserved. May be reproduced for local use provided every copy comes this notice. EMPHANY 3



What are some other stories about fish in the Bible? Hint: Jonah 1:17, Matthew 14:13-21, Luke 5:1-11

Memory Verse

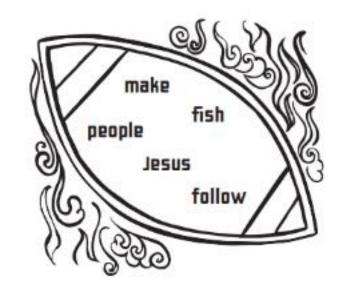


Use the words from below to finish this Bible verse.

And _____said to

them, "______me

and I will _______ for



Bible Tip!

The story of Jesus calling disciples who were fishermen is in all four gaspels, Look through the first few chapters of Matthew, Mark, Luke, and John. Can you find the story?